

Paraclete XP Four on Four 8-way camp is designed to give basic foundational skills to get you started in 8-way.

The entire time will be flown as 8-way in the Four on Four format. Coaches will be Kirk Verner and John D'Annunzio from XP8 and Brian Krause and Kurt Isenbarger from the Golden Knights. We will start with basic setups and positioning drills. Once the groups look proficient with that then we will move into block techniques.

Skills that we will work on during the camp:

- Cross referencing
- Key Discipline
- Targeting
- Timing
- Block Basics
- Briefing and Debriefing techniques
- Team Dynamics
- Competition preparation

What the 4 on 4 format does for you:

- Gives immediate feedback
- Allows you to fly as a piece partner with a coach
- Allows you to fly across from a coach for communication
- Allows you to apply power

The dates for the camp are December 3<sup>rd</sup> and 4th, 2011. We will meet at 7pm on Friday the 2nd for orientation. Each 8-way group will fly 2 hours over the camp and will be done by 3pm on Sunday the 4th.

Cost of this camp is \$975.00USD

To reserve your slot email us at kirk@paracletexp.com or john@paracletexp.com